

André L.W.

THE OLIVER MCGOWAN MANDATORY
TRAINING ON LEARNING DISABILITY
AND AUTISM



Profile

Pronouns: He/They

Role at Dynamic: Co-Trainer of the Oliver McGowan mandatory training.

Likes: Collecting Lego, reading graphic novels, visiting independent coffee shops, volunteering within the LGBT+ community, building computers, listening to live music, and visiting art galleries and museums.

My dislikes: Having my plans changed without notice, loud background noises, neurotypical people not taking my autism seriously, strong smells, willful ignorance and certain food textures.

Goals: To inform and educate neurotypical individuals about the strengths and challenges faced by neurodiverse people like me. I aim to encourage them to be our allies and to provide better support in the workplace and everyday life.

My Experiences: I was diagnosed with Autistic Spectrum Disorder (ASD) at 32 and dyslexia at 18. Before my diagnosis, I struggled with jobs and relationships. With the support of friends, I sought a diagnosis. Initially, I felt society wouldn't accept me, but I found support groups and online resources. I now embrace my autism as part of who I am and feel optimistic about the future.